

**LIABILITY RELEASE, WAIVER, DISCHARGE AND COVENANT
NOT TO SUE**

This is a legally-binding Release made by me _____
to the Bermuda Hockey Federation ('BHF').

I, (Print name) _____ fully recognize that there are dangers and risks to which I may be exposed by participating in Field Hockey. I understand the 'BHF' does not require me to participate in this activity, but I want to do so, despite the possible dangers and risks, and despite this Release.

I therefore agree to assume and take on myself all of the risks and responsibilities in any way associated with this activity. In consideration of and return for the services, facilities and other assistance provided to me by the BHF in this activity, I release the BHF, its officers and agents from any and all liability, claims and actions that may arise from injury or harm to me, from my death or from damage to my property in connection with this activity. I understand that this Release covers liability, claims and actions caused entirely or in part by, any acts or failures to act by the BHF, its officers and agents, including but not limited to negligence, mistake, or failure to supervise by the BHF.

I recognize this entire Release means I am giving up, among other things, rights to sue the BHF, its officers and agents for injuries, damages, or losses I may incur. I also understand that this Release binds my heirs, administrators and assigns, as well as myself.

I have read this entire Release, I fully understand it and I agree to be legally bound by it.

THIS IS A RELEASE OF YOUR RIGHTS. READ CAREFULLY BEFORE SIGNING.

Releaser's Signature

Age if under 18

Parent / Guardian Signature (if under 18)

Date